



**Relieving Pain
Restoring Function**

ATLANTA PAIN & WELLNESS

770-473-0038

1287 Georgia Highway
138 Spur Rd • Suite 8
Jonesboro, GA 30236



Rajiv Sood, D.O.

"Atlanta Pain and Wellness strives to improve the quality of life for every patient by providing the best care through both traditional and alternative methods. We focus on helping our patients regain their lives by restoring FUNCTION – which enhances their quality of life."

As a physician, Dr. Rajiv Sood has an interest in treating acute pain syndromes as well as general musculoskeletal pathologies including tendinopathies and osteoarthritis. He also has a keen interest in the advent of biologic treatments being utilized in various centers through the United States. He plans to utilize his breadth of fluoroscopic and ultrasound guided skills to maximize pain relief for his patients and thus be able to incorporate these biologics in his practice.

Your First Appointment

Q. What happens at the first appointment?

A. During your first visit, you will have a comprehensive medical examination where several people will sit with you and review your pertinent history. A detailed and thorough medical exam will be tailored to identify specific musculoskeletal pathologies. After a thorough exam, we will formulate treatment options and modalities that are targeted to you uniquely.

Who We Are

Q. What kind of doctors work at Atlanta Pain and Wellness?

A. Dr. Pran N. Sood brings his vast knowledge of orthopedic procedures to our practice as he has done the complete spectrum of orthopedics (including total knee and hip replacements, lumbar and spinal fusion and arthroscopies). Dr. Rajiv Sood brings an extensive knowledge base of musculoskeletal anatomy and interventional spinal procedures and fluoroscopic (xray) guided injections. He also has extensive experience with the use of ultra-sound for diagnostics and guided peripheral joint and tendon injections. Our practice has been in continuous operation for more than 30 years, and we have treated tens of thousands of new patients in that time.

Conditions We Treat

Atlanta Pain and Wellness Center's expert physicians and staff have been treating complex pain and orthopedic conditions since 1980. Having both a foundation in orthopedic surgery and interventional pain management, Atlanta Pain and Wellness physicians can effectively treat a myriad of complex pain conditions.

- Anatomy of the Spine
- Bulging or Herniated Disc
- Cancer Pain
- Cervical Radiculopathy
- Cervical Spondylosis
- Complex Regional Pain Syndrome
- Compression Fracture
- Degenerative Disc Disease
- Facet Joint Syndrome
- Herniated Discs
- Joint Pain
- Joint Replacement Pain
- Low and Mid Back Pain
- Lumbar Radiculopathy
- Lumbar Spondylosis
- Migraines
- Muscle Spasms
- Myofascial Pain
- Neck and Shoulder Pain
- Neuropathy Neuralgia
- Occipital Neuralgia
- Osteoarthritis
- Peripheral Neuralgia
- Post Laminectomy Syndrome
- Post Surgical Pain
- Referred Pain
- Rheumatoid Arthritis
- Sacroiliac Joint Disease
- Sciatica
- Severe Arthritis
- Spinal Stenosis
- Tendon or Ligament Damage



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Our Philosophy of Care

Our objective is to relieve our patient's pain by restoring functionality while improving their quality of life. At the foundation of our treatment plan is a core focus on pain management and restoration of physical activities through rehabilitation.

A core understanding of the musculoskeletal system in its entirety (bones, nerves, spinal cord, hip, shoulder and knee pathologies among many other musculoskeletal ailments) allows AP&W physicians to treat the entire spectrum of pain conditions to include both surgical and non-surgical recommendations.

Rather than simply treating chronic pain management with narcotics solely, Atlanta Pain and Wellness physicians treat each patient individually so that they may make an accurate diagnosis and formulate a tailored treatment plan for each patient.

FAQs

Q. What exactly is this pain I'm experiencing?

A. Pain is a warning system, alerting you that something is wrong with your body. Neurons – specialized nerve cells that transmit pain signals – are found throughout the skin and elsewhere. Most forms of pain can be divided into two general categories: acute and chronic. Acute pain is temporary. It can last a few seconds or longer but wanes as healing occurs. Some examples of things that cause acute pain include burns, cuts, and fractures. Chronic pain, such as that seen in people with osteoarthritis and rheumatoid arthritis, ranges from mild to severe and can last a lifetime.

Q. What are the procedures like?

A. Procedures can vary completely depending on the type that are done but the basic premise is to find the nerve or joint that is painful and guide placement medication upon that region. This can be done by different modalities, including fluoro-scscopy, ultrasound or trigger point type injections. To make the procedure more comfortable, we can offer sedation, if needed.

Q. The Doctors and Nurses at your practice seem to take prescription medications VERY seriously. When I called in for a refill I was given an appointment to visit the Physician Assistant the next day instead. Why?

A. All pain management clinics are mandated by the government to take these circumstances seriously. It is our goal to treat pain conditions in the safest, most effective way possible. There are numerous medications that can be effective in treating pain and we want to take into consideration all possible side effects of medications when finding the optimal medication for a patient. There are different mechanisms of action for different medications, uses, doses and side-effects. It is extremely important that the patient take these medications strictly according to instructions. We make every effort to make sure that the patient understands what each medication does and why it is prescribed as a particular dose taken at a particular time. We also encourage each patient to ask questions of us and their pharmacist about their medications so that they feel comfortable taking the medicine.

From 75 North:

- (From Henry General Hospital)
- Take Hospital Dr. to Rock Quarry Rd.
- Head south on Eagles Walk toward Hospital Dr.
- Take the 1st right onto Hospital Dr.
- Drive from I-75 N and GA-138 W to Jonesboro.
- Take the 1st left onto Rock Quarry Rd.
- Take the 3rd right onto Eagles Landing Pkwy.
- Turn right onto the Interstate 75 N ramp.
- Merge onto I-75 N.
- Take exit 228 toward Jonesboro.
- Turn left onto GA-138 W.
- Turn right to stay on GA-138 W.

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From 75 South:

- Take the I-75 S ramp.
- Follow I-75 S to Morrow.
- Take exit 233 from I-75 S.
- Merge onto I-75 S.
- Take exit 233 for GA-54 toward Morrow/Jonesboro.
- Follow GA-54 S/Jonesboro Rd to Jonesboro, GA.
- Turn Left onto Highway 138 Spur – Building is on right.

